# Cod Liver Oil

#### FOUNDATIONAL SUPPORT



- Supports healthy skin and eyes<sup>\*</sup>
- Contains the omega-3 fatty acid, DHA, which is important for normal brain structure
- Supports epithelial tissue\*
- Supports bone and tooth health<sup>\*</sup>
- Supports the musculoskeletal system<sup>\*</sup>
- May support and liver function<sup>\*</sup>
- Supports immune system response<sup>\*</sup>
- Supports healthy inflammatory processes
- Excellent source of antioxidant vitamin A
- Good source of vitamin D

# GF NON-DAIRY NON-GRAIN

# Supplement Facts

Serving Size: 3 softgels Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	20	
Total Fat	2 g	3%*
Cholesterol	10 mg	3%
Protein	<1g	1%*
Vitamin A	600 mcg RAE	67%
Vitamin D	2.3 mcg	12%
Cod Liver Oil	3,000 mg	†
DHA	300 mg	†
EPA	210 mg	†
Total Omega-3	630 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, natural flavor, sunflower oil, and rosemary extract.

#### Contains: Fish (cod).

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Please consult the actual product label for the most accurate product information

### Bridging the Gap in Dietary Omega-3 Intake

Omega-3 fatty acids play a critical role in the human body and regulate various functions in the cardiovascular, pulmonary, immune, nervous and endocrine systems.<sup>1,2</sup> Since EPA and DHA are not made efficiently by the body, it is recommended that these polyunsaturated fatty acids (PUFAs) be consumed at higher levels in the diet. However, a large percentage of the U.S. adult population falls below the recommendations for omega-3 fatty acid consumption.<sup>3</sup> Standard Process Cod Liver Oil helps bridge the dietary gap of omega-3 with 300 mg of DHA and 210 mg of EPA omega-3 fatty acids per serving.

## Foundational Support

Cod Liver Oil is part of the Standard Process line of omega-3 oils that supports general health and overall well-being. Careful processing ensures that Cod Liver Oil maintains its natural profile of vitamin A, vitamin D, and omega-3 fatty acids.



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Standard Process products labeled as **Gluten-Free** have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling. Standard Process products labeled as **Non-Dairy** or Non-Dairy Formula have been formulated to not contain milk or milk-derived ingredients. Standard Process products labeled as **Non-Grain** have been formulated to not contain any true cereal grain or grain-derived ingredients such as those from wheat, rice, oats, cornmeal, barley, or another cereal grain.



# Cod Liver Oil

### Vitamin A and Vitamin D Provides Support

Vitamins A and D in sufficient amounts help keep the body active and healthy. The body needs vitamins A and D to support the bones, eyes and liver, as well as cardiovascular and immune health. Cod Liver Oil naturally contains vitamins A and D.

### Inflammatory Response Support\*

The omega-3 fatty acids EPA and DHA modulate the immune system and inflammatory response through the action of eicosanoids and cytokine production. Vitamins A and D similarly support the immune system response and healthy inflammation resolution.<sup>4-6</sup>

### Our EPA and DHA products are of the highest quality, which means they are:

- Pure, high quality oils
- Sustainably sourced ingredients
- Tested to meet our meticulous standards for consistency, potency, and purity

The **great majority** of the raw plant ingredients used in our products are grown on our organic and sustainable farm

**Freshly picked crops** are often processed within a day to maintain vital nutrients

We harvest more than **6.5 million** pounds of ingredients on our certified organic and sustainable farm

### Healthy Soil. Healthy Plants. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.

#### REFERENCES

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