

CoQnol™ 100 CoQnol™ 200

Superior Endogenous and Exogenous Ubiquinol



CARDIOVASCULAR HEALTH*



CoQnol™ 100 and CoQnol™ 200 are each innovative combinations of two important compounds: ubiquinol, also known as coenzyme Q10 (CoQ10), and geranylgeraniol (GG). CoQnol™ is provided in two convenient serving options: 100 mg and 200 mg per softgel, with optimal amounts of GG.

CoQnol™ is unique compared to conventional CoQ10 supplements, which do not typically include GG. Combining ubiquinol and GG has two purposes — to promote the absorption and bioavailability of supplemental CoQ10 and to support the natural production of CoQ10 in the body.*

CoQ10 is present in two forms in the body: ubiquinone and ubiquinol. The name is derived from the word *ubiquitous* because CoQ10 is present and needed everywhere in the human body. Unfortunately, CoQ10 production may decline naturally with age or due to certain medications.*

The ubiquinol form is the preferred supplemental form of CoQ10.* Ubiquinol promotes cellular health, helps protect the body from the effects of internal stress, and helps to recycle antioxidants in the body to be used again, including vitamins C and E.* CoQ10 is essential for energy production, which is why organs with the highest energy demands (such as the heart and liver) have the highest concentrations of CoQ10.*

GG helps to promote the natural production of CoQ10 in the body.* It is synthesized by the body and occurs naturally in certain foods, such as annatto and flaxseeds. GG also supports energy production, hormonal balance, muscle health, and bone health.*

CoQnol™ may overcome the limitations of supplementing with CoQ10 alone.*

Benefits*

- Supports healthy cardiovascular function
- Promotes healthy aging and energy production
- Supports antioxidant status and immune health
- Supports bone, liver, eye, and skin health

Recommended Use

Take 1 softgel per day with a meal or as directed by your health-care practitioner.

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Highlights

- Promotes the absorption and bioavailability of supplemental CoQ10 and the production of CoQ10 synthesis within the body*
- Delivers a unique combination of ubiquinol (as DuoQuinol™) and GG (as GG-Gold®) that may overcome the limitations of supplementing with CoQ10 alone*
- Quillaja extract included for superior absorption into cells*
- Gluten-free, dairy-free, soy-free, non-GMO

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.